

RESORT RETREATS

度假天堂

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Away from the urban bustle, China's vast landscape brings with it a diverse range of resort properties that make for the perfect getaway

远离都市喧嚣的中国自然美景，吸引形形色色的度假设施进驻，为旅客提供理想的避静所



AMANDAYAN, LIJIANG

Set against a stunning backdrop that can best be described as a picturesque paradise; when it comes to hitting the scenic jackpot, the Amandayan in Lijiang is a clear winner. Wrapped in majestic snow-capped mountains, the resort is perched at the top of Lion's Hill on a sprawling hectare of lush green land, overlooking the winding laneways of the UNESCO-protected Lijiang Old Town. This fabled city, tucked into the northwestern corner of China's Yunnan Province, has long been renowned as one of the most beautiful places in the country. Drawing its name from the Sanskrit-derived word for 'peace' and 'Dayan' – the historic name for Lijiang when it was first established by the ruling Mu family in the 13th century – Amandayan is indeed a haven of tranquillity. Designed to reflect the natural settings, it bears the traditional architectural style of the 'Nakhi' – the indigenous people of northwestern Yunnan. Graceful and elegant with clean, simple lines, it is contemporary in style with an unmistakable oriental touch.

Each of its 35 spacious suites has a private courtyard where you can inhale the serenity of the panoramic mountain views, including Jade Dragon Snow Mountain, considered to be one of China's most scenic peaks. The resort also includes the carefully preserved

Wenchang Palace, which dates back to 1725 and is housed in a traditional courtyard onsite, featuring ornate carvings and brilliantly-coloured paintings. The Amandayan spa is every bit as heavenly as its surroundings, drawing on the wisdom of Traditional Chinese Medicine, while offering the natural benefits of Aman Spa's own chemical-free range of skincare products. Amandayan is Aman's third resort in China, joining Aman at Summer Palace in Beijing and Amanfayun in Hangzhou. It's the perfect location to explore the city's fascinating history and culture, cloaked in breathtaking scenery.

www.amanresorts.com

SHANGRI-LA HOTEL, QINGHUANGDAO

A place where time stands still, the brand new Shangri-La Hotel, Qinghuangdao is located on the northeast coast of China in Hebei Province.

Named after the first emperor of China, the prosperous and culturally rich city is a hive of history and was one of the first coastal cities in China to open up to the outside world in 1984. Now a popular summer destination, visitors can enjoy the best of both worlds at this small seaside city, set between the Bohai Sea to the south and Mount

丽江大研安缦

酒店的所在地，只能用人间仙境来形容。如果要选风景最佳的住宿设施，非位于丽江的大研安缦莫属。屹立于狮子山顶一片苍翠草原上的大研安缦，俯瞰获联合国教科文组织列为世界文化遗产的丽江古城，城内九曲十三弯的巷弄就在眼前蜿蜒。远眺则四面环山，山顶覆雪。这个童话般的城市地处中国云南省西北一隅，被誉为是中国最美丽的地方。丽江古名「大研」，由当地木姓统治者始建于13世纪。大研安缦的名字由丽江古名和梵文「平和」的音译组合而成，是名副其实的宁谧之所。度假村的设计以融入当地环境为前提，故采用了云南西北少数民族纳西族的传统民居设计。这种建筑的设计简单大方，线条俐落，充满现代感之余又不失东方特色。大研安缦有35间宽敞的套房，每间均有自己的私人庭院，四野山色尽入眼帘，中国名山之一的玉龙雪山也在视野之内。度假村其中一个传统庭院内保留了建于1725年的古迹文昌宫，精细复杂的雕刻，色彩鲜艳的绘图，仍然可见，保存良好。安缦水疗结合中国医学的传统智慧与自家品牌无化学物添加的护肤产品，为客人提供媲美周围环境的美好体验。大研安缦是继北京颐和安缦和杭州法云安缦后，集团在中国的第三间度假村。景色秀丽的大研安缦位置一流，是探索历史悠久、文化丰富的丽江古城的理想基地。www.amanresorts.com

秦皇岛香格里拉大酒店

新开业的秦皇岛香格里拉大酒店位于中国东北省份河北沿岸，时间在这里恍惚停止流动一般。以第一个统一中国的皇帝命名，秦皇岛是繁华、文化底蕴深厚和历史悠久的城市，也是中国于1984年首批对外开放的沿海城

市。秦皇岛南临渤海，北依燕山，是避暑胜地之一，亲山乐水，其乐无穷。踏入楼高23层的香格里拉大酒店，落地玻璃大窗外金梦海湾一望无际的蔚蓝大海尽收眼底。回到自己的房间，则可坐在私人露台上，感受海风轻拂。设有330间客房及套房的秦皇岛香格里拉大酒店，专为要求考究的现代旅客而设，是舒适的当代海滩度假胜地。酒店在摩登清新的装潢中巧妙地引入了秦皇岛上自然生长的梅花。香格里拉是秦皇岛热门的度假酒店，设备豪华，还有各种各样的玩意。酒店有三间高级餐厅，供应道地中国东北佳肴等，让住客一尝当地美食的滋味。酒店的健身及休闲设施，包括有25米长的室内游泳池、设备完善的健身中心、按摩池，以及有九间豪华护理房的水疗中心，不妨好好利用。住客也可以走到户外的花园，欣赏漂亮的海景；或租一辆单车，沿着海滩小径或海边地区游览。如果想走远一点，乘坐高铁列车到北京或天津，需时也不到两小时。

www.shangri-la.com

仁安悦榕庄

处身偏远的藏民山谷，看着山上的覆雪、奔流的河水和平静的湖面在太阳底下闪闪发光，旅客在这里可感受到心灵上的平静。仁安悦榕庄位于云南省西南一隅海拔3,200米的喜马拉雅山上，这个与世隔绝的地方被称为香格里拉。仁安悦榕庄建在神秘高原上，远离俗世，其套房及小屋均参考藏民的农舍兴建，每间小屋都散发纯朴的气氛，住客身处其中，远离喧嚣忙碌的文明世界。这里有的是空间，因此32座两层高的别墅均十分宽敞，其中水疗套房还设有私人迷你水疗护理室。这个私人乐园为住客精选了数条远足径，方便勇敢的旅客探索偏远藏民山区的风景，追求独一无二又印象



PREVIOUS PAGE: Park Hyatt Ningbo is located in one of the most scenic destinations in China. OPPOSITE PAGE: Amandayan overlooks the winding laneways of Lijiang Old Town. THIS PAGE: Spacious room at the Shangri-La Hotel, Qinghuangdao
前页：宁波柏悦酒店坐落于中国风景最美的地方之一；
对页：大研安缦可眺望丽江古城蜿蜒的巷弄；本页：秦皇岛香格里拉大酒店宽敞的客房

Yanshan to the north. Step inside the 23-floor sleek glass building and you'll be welcomed by sweeping floor-to-ceiling views of the deep blue sea off Golden Dream Bay. Even better, feel the sea breeze on your skin as you relax on your own private balcony. With 330 guest rooms and suites for the discerning modern traveller, Shangri-La Qinghuangdao is your contemporary retreat by the beach. In a nod to the plum blossoms found naturally in Qinghuangdao – these fragrant flowers are artistically woven into the delightfully fresh and modern decor. One of the city's hottest destinations, this sophisticated hideaway is luxurious and fun. Indulge in the gastronomic experience of the northeast, with a culinary journey of the region with three exquisite dining options. Take advantage of the wellness facilities, including a 25-metre indoor pool, fully equipped gym, Jacuzzi and spa with nine luxurious treatment rooms. Or, step outside and enjoy the outdoor garden with its stunning sea view; rent a bicycle and pedal along the beach path or around the waterfront neighbourhood. Feeling a little more ambitious? Catch the high-speed train to Beijing or Tianjin in less than two hours. www.shangri-la.com

BANYAN TREE RINGHA

Feel your spirit quiet as you gaze at snow-capped mountains, torrential rivers and tranquil lakes, glittering under the sun, in a remote Tibetan valley. Shangri-La is one of the world's most secluded locations, set

in the southwestern corner of Yunnan Province – 3,200 metres above sea level in the Himalayas...and nestled amongst it is the magical Banyan Tree Ringha. This idyllic retreat in the mystical highlands boasts a range of lodges and suites in the style of authentic Tibetan farmhouses. Each cottage has a rustic, charming ambience that will make you feel a million miles away from the hustle and bustle of civilisation. With space no issue up here, the 32 two-level villas are palatial – the spa suites housing their own mini spa treatment rooms. This private paradise offers carefully selected treks amongst the remote Tibetan landscape for those intrepid adventurers seeking a unique and memorable experience. After an adventurous day out, pamper yourself at the award-winning Banyan Tree Spa, before savouring a hearty, traditional Tibetan hotpot dinner. Alternatively, relax by your fireplace and indulge in your heavenly hand-crafted wood tub. Banyan Tree Ringha is a ruggedly chic sanctuary that will leave you feeling calm and rejuvenated. www.banyantree.com

ANANTARA SANYA RESORT & SPA

Anantara Sanya Resort & Spa is the ultimate definition of luxury by the seaside. Positioned perfectly between lush mountains that bow gracefully to the serenity of the South China Sea, on Hainan Island, it's hard not to lose yourself in a sparkling sea of azure. From deluxe ocean view rooms to spa suites and pool villas, each of the 122 suites



难忘的体验。一天探险之旅后，住客可先得奖无数的悦榕庄水疗中心，纾缓一天的劳累，然后再吃一顿丰富的传统西藏火锅，又或坐在火炉旁或躺在人手雕凿的木浴缸内，彻底放松。仁安悦榕庄是质朴时尚的世外桃源，下榻这里的住客会感到身心平静、神清气爽。 www.banyantree.com

三亚半山半岛安纳塔拉度假酒店

酒店位于海南岛没入南中国海的群山脚下，绿树围抱，环境清幽，绝对是不作他选的豪华海边度假设施。在这里，望着无垠的蓝色大海，很难不为之陶醉。酒店的122间套房，由豪华海景房到水疗套房及泳池别墅，每间均布置成热带绿洲。客房的装潢以大地的颜色为主，自然高贵又不失豪华，配备柚木家具、清爽的亚麻布、私人雨林式花洒淋浴间和宽深的水磨石浴缸等。酒店附近有黎族人定居的村落，导游可带住客往村落参观，感受丰厚的黎族文化。探索热带雨林，泡天然温泉，让大自然为你洗涤身心也是不错的活动。回到酒店后，让水疗师帮你消除身心疲劳。水疗中心提供一系列融合昔日阿育吠陀原理、泰国及东方技巧的护理疗程，其中165分钟的招牌疗程南海珍珠奢华护理，帮客人恢复精神之外，还有洁净和美容的功效。酒店为住客准备了丰盛的美食，送上当地佳肴和泰国菜等道地国际菜式。住进三亚半山半岛安纳塔拉，就像走上一次无边无际的探索历险之旅。 www.anantara.com

OPPOSITE PAGE: Enjoy a hearty meal at the Banyan Tree Ringha. THIS PAGE: Escape to Anantara Sanya Resort & Spa; Banyan Tree Ringha's Tibetan Lodge
对页：于仁安悦榕庄享用丰盛大餐；本页：住进三亚半山半岛安纳塔拉度假酒店或仁安悦榕庄的西藏小屋，暂时抛开尘俗





is designed to be a tropical oasis. Inspired by the palette of the earth, the decor embodies a natural elegance with a luxurious twist. Teak furnishings, crisp linens and your own rain shower or deep terrazzo bathtub are yours for the soaking. Immerse yourself in the local Li culture and take a guided trip to the village or explore acres of tropical jungle; take in the hot springs and be blissfully soothed by nature. Later, back at your sanctuary, let the Anantara Spa rejuvenate your body and soul – choose from an extensive menu of treatments that pay homage to ancient Ayurvedic wellness, Thai and oriental techniques. Treat yourself to the 165-minute signature Pearl of South Sea journey, designed to re-energise, purify and beautify.

Dine like royalty and indulge in the local flavours of the land or embark on a gourmet journey across authentic Thai and international cuisine. Anantara Sanya is a locus of boundless discovery and untold adventure. www.anantara.com

FUCHUN RESORT, HANGZHOU

“There is heaven above and below there is Su-Hang!” That’s how the spectacularly scenic cities of Suzhou and Hangzhou in China’s Southeast have long been described. Fortunately it’s also where Fuchun Resort is located; set amongst the charming rice paddies, it is a pastoral paradise that possesses a timeless elegance. In continuous pursuit of excellence, the resort has won a host of prestigious awards, worldwide. With golf, yoga, tai chi and tea picking being just some of the activities on the menu, this is a retreat that will leave you feeling well and truly

reinvigorated. Pamper yourself at Fuchun Resort’s extensive spa and wellness facility with a magnificent pool pavilion, yoga lounge, fitness nook and outdoor tennis courts.

With six private Spa Suites available, plus two Chinese massage rooms, a ‘foot massage’ room and male and female saunas and steam rooms, the Fuchun Spa world is your oyster. In addition, a deluxe Spa Villa features its own private garden and Jacuzzi offering seclusion away from the main spa. This is where traditional local healing secrets are mixed with Balinese spa expertise. Once you’re done pampering, there are many places to explore in Fuyang, including the Longmen Ancient Town with its rarely seen ancient architecture from the Ming and Qing Dynasties.

Steeped in history, the resort’s beautiful setting was depicted in the famous Chinese painting The Dwelling in the Fuchun Mountains, in 1347. www.fuchunresort.com

CLUB MED GUILIN

In southern China, you’ll find an enchanting place, which Chinese emperors, painters and poets have lauded as a truly magical land, where art and nature blend in harmony. They call it Guilin. Not only will the scenery take your breath away, but Club Med Guilin is designed to captivate your senses. Embraced by the Karst Hills in the rural area between Guilin and Yangshuo, you’ll discover this ultimate indulgence, located in a 46-hectare park surrounded by 50 beautiful mountains. A quirky, fun design, this is not your average-

富春山居

「上有天堂，下有苏杭」，说的是位于中国东南地区的苏州和杭州，这句俗语说明了两地风景之美。位于杭州的富春山居置身稻田之中，放眼就是永恒的田园美景。富春山居力臻完美，获多个国际奖项肯定。度假村为住客安排了高尔夫球、瑜伽、太极、采茶等活动，希望住客能在村内一洗疲惫，回复活力。富春山居还设有各种水疗及健身设施，包括山居泳池、瑜伽室、健身室及户外网球场等。富春SPA设有六个私人水疗套房、两个中式按摩房、一个脚底按摩房及男女桑拿和蒸汽浴室，确保能让客人彻底放松。除此之外，豪华别墅SPA Villa更设有私人花园、按摩浴池，毋须使用水疗中心，可以独个儿享受这里结合传统医疗智慧和巴厘水疗技巧的护理疗程。水疗护理之后可到附近的富阳市游览，这一带有许多值得探索的地方，明清建筑保存良好的龙门古镇便是其一。富春历史悠久，早于1347年，这一带的美景已被画成著名的《富春山居图》。
www.fuchunresort.com

Club Med桂林度假村

在中国南部有一个地方，其山光水色深受历代帝皇、诗人墨客称颂，被收进画里，写入诗中。这地方叫桂林。在桂林，不止山水美得让人屏息，Club Med桂林度假村更矢志要让住客身心也要为它神迷。度假村位于桂林与阳朔之间46公顷的公园内，坐拥喀斯特山貌，方圆更有50座漂亮的大山，誓要让住客醉倒在山野美景之中。趣味十足的设计让度假村有别一般，100座由知名艺术家创作的大型雕塑，意味抽象，突显其与别不同。330间设计「超」时尚兼优雅的客房均将桂林山水融入其中，营造了独一无二而有趣的休息空间。Club Med以全包式的假期套餐闻名，保证不会让你失望。度假村包含设备齐全的健身中心、主题餐厅酒吧如远望桂林群山的天台餐厅，让人放松的Comfort Zone Spa水疗和Zen Pool。另外还提供畅游阳朔河及比较动感的太极活动、钢管舞、尊巴舞等。还不够刺激的话，Club Med桂林亦为旅客准备了让人肾上腺素急升的活动，如空中

飞人、攀石、越野自行车等。晚上累了，可到卡拉OK唱唱歌，或看业余综艺表演，静静度过。旅客下榻这非一般的度假村，愉快的心情、全新的体验均唾手可得。www.clubmed.com

宁波柏悦酒店

酒店建于浙江省宁波风景优美的东钱湖畔，装潢豪华，共209间客房，包括独立别墅。距离上海只有两个半小时车程的宁波柏悦，设计参考中国传统水乡，与周围环境融为一体。一流的设施处处为住客营造宁谧绿洲的氛围。酒店为住客准备了无可比拟的用膳体验，充满家庭风味的全日餐厅悦轩采用开放式厨房设计，坐拥户外泳池和东钱湖美景。宁波柏悦的重点餐厅钱湖渔港让客人亲自挑选当日捕获的海产入饌。另外位于酒店中央的茶苑由古代祠堂改建而成，可以重新发现失传的传统甜点制作方法，住客不要错过品尝以有700年历史的传统方法制作的宁波汤圆。酒店设有配备齐全的健身中心、室内暖水泳池，以及眺望湖景的无边际户外泳池。酒店的悦湖水疗中心共有十间半私人护理房，结合中西护理疗程为你消除疲累。道家思想相信，与大自然保持和谐对健康和长寿均有裨益，悦湖水疗中心因此设计了一系列参考传统讲求和谐协调的疗程。入住宁波柏悦的旅客，相信会以最佳的健康状态离开。www.park.hyatt.com

西安临潼悦椿温泉酒店

「体验鲜活历史！」

这就是西安临潼悦椿的格言。这间当代温泉酒店位于骊山山麓，建筑物糅合了传统中国特色及现代都市元素，恍如现代化的唐代宫殿。酒店设

OPPOSITE PAGE: Get pampered at the award-winning spa at Angsana Xi'an Lintong; enjoy panoramic views at Club Med Guilin. THIS PAGE: The inviting Anantara Spa at Anantara Sanya Resort & Spa
对页：在西安临潼悦椿温泉酒店的得奖水疗中心享用让人疲累尽消的护理疗程，Club Med桂林度假村坐拥如画山水。本页：三亚半山半岛安纳塔拉度假酒店内的水疗中心





looking resort. Surrounded by a collection of 100 giant sculptures by renowned artists, abstract is the nature of the game. With 330 rooms all elegantly decorated in this über chic style with touches of the modern Guilin landscape, it's a unique and fun retreat. Known for its all inclusive package holidays, Club Med Guilin doesn't disappoint. Enjoy a fully facilitated fitness centre, themed restaurants and bars, including a rooftop terrace overlooking the stunning Guilin mountains. Relax in the Comfort Zone Spa and Zen Pool; take a lazy river ride up the Yangshuo River; or feeling a little more active, try out tai chi, pole dancing or Zumba! Feeling adventurous? A flying trapeze, rock climbing and mountain biking are just a few of the adrenalin pumping activities Club Med Guilin offers.

End your evening with a good old sing-along (karaoke of course) and an amateur variety show. This is definitely not your average resort, promising happiness and new experiences. www.clubmed.com

PARK HYATT NINGBO RESORT AND SPA

This 209-room lavish resort includes free-standing villas on the banks of Dong Qian Lake, one of the most scenic destinations in Ningbo, Zhejiang Province. Created in the style of a traditional Chinese water village to blend, discreetly into the surrounding vista, Park Hyatt Ningbo Resort and Spa is just a two-and-a-half-hour drive from Shanghai. Here you can immerse yourself in an oasis of calm, with

first-class amenities at your service. Impeccable dining experiences are the order of the day with the resort's residential style all-day 'Dining Room' featuring an open kitchen concept and a stunning view of the outdoor pool pavilion overlooking the majestic Dong Qian Lake.

Park Hyatt Ningbo's signature restaurant is The Seafood House where guests can choose their own delicious catch of the day. And there is also the Tea House located in the resort's centre, which is an ancestral family home with unique Chinese architecture. Here you can rediscover the lost tradition of making sweet dumplings. Delicately hand-made by authentic methods stretching back over 700 years, Ningbo Tang Yuan dumplings are not to be missed! Park Hyatt Ningbo also has a fully equipped fitness centre, indoor heated pool and an outdoor infinity pool with exquisite lake views. In the hotel's Yue Hu Spa you will find ten semi-private treatment rooms with a combination of Chinese and Western wellness treatments for your relaxing pleasure. In Taoist belief, maintaining a rhythm in harmony with nature is essential to one's health and longevity. The Yue Hu Spa offers an immersive programme inspired by traditional balanced living. Guests can be sure to leave Ningbo in an optimal state of health.

www.park.hyatt.com

ANGSANA XI'AN LINTONG

'Walk Where History Lives!' That's the motto of the Angsana

Xi'an Lintong, set in the shadow of Lishan Mountain – a modern interpretation of a Tang Dynasty court, the contemporary hot spring resort features a blend of traditional Chinese architecture and urban influences. With 25 outdoor hot spring pools, this modern hot spring resort is the perfect place to access Xi'an's historical treasure chest. Visit the famous Huaqing Palace, admire the awe-inspiring Terracotta Warriors, watch the dynamic Tang Dynasty show and cruise the mighty Ancient City Wall. Angsana Xi'an Lintong will provide the perfect respite after a busy day in the city's historical playground. From the Deluxe rooms to the palatial Angsana Suite, each is a comfortable retreat in which to unwind. Be reinvigorated in the award-winning spa, featuring deluxe rain mist treatment, rejuvenating oriental spa remedies and fusion techniques combining the best of the East and the West. With an outdoor and indoor connecting pool, state-of-the-art gym, yoga studio, meditation lounge, karaoke and mahjong rooms, plus a Kid's Club, Angsana Xi'an Lintong offers an unparalleled experience. www.angsana.com

OPPOSITE PAGE: Park Hyatt Ningbo Resort and Spa. THIS PAGE: Pullman Sanya Yalong Bay Villas and Resort; Park Hyatt Ningbo Resort and Spa's indoor pool
对页：宁波柏悦酒店。本页：三亚亚龙湾铂尔曼别墅度假酒店；宁波柏悦酒店的室内泳池



计摩登，共有25座户外温泉，是探索西安历史宝藏的最佳落脚点。来到西安，旅客少不了探访著名的华清池，欣赏令人叹为观止的兵马俑和《大唐歌舞》表演，漫步古城墙。在经过一天的历史古迹之旅后，西安临潼悦椿也是放松身心的理想地点。不管是豪华客房，还是堂皇的悦椿套房，每一间都舒适得可以让旅客浑然忘我。酒店屡获殊荣的水疗中心设有豪华雨雾疗程，让人焕然一新的东方水疗配方，水疗技术更集东西两家之大成。此外，酒店还设有相连互通的室内及户外泳池，设备先进的健身房、瑜伽馆、冥想室、K歌房及麻将室，以至儿童俱乐部，为旅客带来前所未有的住宿体验。www.angsana.com

三亚亚龙湾铂尔曼别墅度假酒店

位于中国西南一隅的人间天堂三亚亚龙湾，有无数度假村坐落其中，但三亚亚龙湾铂尔曼别墅度假酒店，却依然以其迷人魅力及细心体贴的待客之道突围而出。这间泰式度假酒店坐落于绿意盎然的热带花园之中，四周人工湖环绕。酒店的设计集泰国、缅甸和东南亚文化元素，共有77间客房及115间独立别墅，每间别墅均设私人小型泳池及花园。如果不想悠闲地躺在泳池边，又无意到岛上众多的18洞高尔夫球享受挥杆之乐，可以到酒店的Le Spa水疗中心来一次泰式及传统中式按摩或美容疗程，好好补充体力，让人迅速回复精神。餐饮方面，面向美丽人工湖的Rive Gauche餐厅气氛一流，供应现代欧亚菜式。www.pullmanhotels.com

三亚文华东方酒店

三亚文华东方坐落于海南岛南端的原始私人海湾上，占地12公顷，热带花园环绕，极尽奢华。酒店邻近三亚主要的购物区、世界级高尔夫球和文化景点。三亚文华东方的客房、套房及别墅装潢以当代设计为主，缀以民族特色，打造完美的海滩度假村氛围。酒店大部分客房及套房均享有海景，当中以阁为名称的客房更离海滩只有数步之遥，套房则有私人露台，而复式别墅更有隐密的私人泳池、观景亭、阳台和花园。餐饮方面，提供海滨餐厅以至粤菜等选择。不管你是想轻松度假，还是想为孩子找乐子，又或者是喜欢探索周围环境，三亚文华东方都可以满足你的需要，三个户外泳池、一个可欣赏珊瑚的私人海滩、儿童俱乐部、游戏中心和各种



PULLMAN SANYA YALONG BAY VILLAS AND RESORT

Located in Sanya, near Yalong Bay in China's southwestern corner, this little pocket of paradise is home to a myriad of resorts, but the Pullman Yalong Bay Villas and Resort is renowned for its charm and attention to detail. The Thai style resort is set amid lush, tropical gardens and surrounded by a crystal-clear lagoon. Designed with features from the

Thai, Myanmar and Southeast Asian cultures, there are 77 rooms and 115 independent villas. Each villa has its own plunge pool and private garden. When you're not lazing by the pool or playing a relaxing round of golf at one of the island's many 18-hole courses, head to Le Spa where instant well-being is guaranteed with Thai and traditional Chinese massage and beauty treatments to recharge your batteries. Dining options include the Rive Gauche restaurant overlooking the blissful lagoon, where guests can enjoy modern Eurasian cuisine in a truly chilled atmosphere. www.pullmanhotels.com

MANDARIN ORIENTAL, SANYA

One of the most exclusive retreats on Hainan Island, Mandarin Oriental, Sanya takes pride of place on 12 hectares of tropical gardens at a pristine private bay on the southern tip of the island. Combining contemporary decor with ethnic touches, the resort's rooms, suites and villas provide the perfect beachside retreats. Most have sea views and pavilions are in walking distance to the beach. Suites have a private terrace while duplexes come with their own secluded pool, gazebo, sundeck and garden. Choose from beachside dining to elegant Cantonese cuisine. Whether you want to relax, keep your children entertained or explore the surroundings, there are plenty of options, including three outdoor swimming pools, a private beach with coral reef, kids club, recreation centre and water sports; plus cooking classes, tai chi and qigong from a Shaolin Kung Fu master. Relax with cocktails and views at the resort's Sunset Bar or cigars and single malt

whiskies at MO Blues. The serene spa village is home to eight private treatment rooms with an individual steam shower and outdoor tub. With miles of white, sandy beaches and majestic mountains, this is a tropical paradise in every sense of the word. www.mandarinoriental.com

INTERCONTINENTAL LHASA PARADISE

As one of the highest cities in the world, Lhasa is widely celebrated as the 'sun city' or the 'Roof of the World'. Since opening to tourists in the 1980s, the city has captivated many adventurers eager to explore the majestic sights and sounds of Tibet. Helping you to create lifetime memories in this fascinating spot at the top of the world is InterContinental Lhasa Paradise. Having opened just under a year ago, the resort is just minutes from the city's treasured and sacred landmarks – the Jokhang and Ramoche Temples and within close proximity to Tibet University and the magnificent Potala Palace. Visitors will also be mesmerised by the enchanting views along the Lhasa River and the Barkhor – a colourful area of narrow streets and popular devotional practice for pilgrims and locals. Each resort room is designed in true Tibetan style, equipped with digital entertainment systems, spacious bathrooms, and in-room central oxygen along with access to humidifiers to ensure guests ultimate comfort in this high altitude environment. The resort's dining options are decadent with three restaurants and four bar/lounge areas to soak up this mystical land at the top of the earth. www.intercontinental.com

水上活动，加上烹饪班，以及由少林武僧教授的太极和气功等活动，各适其适。想喝杯的话，可到景观一流的日落吧喝杯鸡尾酒，放松心情；MO Blues除了有单一麦芽威士忌外，还有雪茄供应。宁静的水疗中心设有八间水疗室，每间均有独立蒸汽浴室和户外浴缸。前临绵长的白色沙滩，背靠壮丽的群山，三亚文华东方从任何角度看，都是不折不扣的热带天堂。 www.mandarinoriental.com

拉萨圣地天堂洲际大饭店

拉萨是世上海拔最高的城市之一，向有「日光之城」和「世界屋脊」之称。它自1980年代开放以来，吸引了无数旅客到来探索西藏的风光和文化。为游客在这个高原城市里制造毕生难忘的回忆，是拉萨圣地天堂洲际大饭店的使命。酒店开业不到一年，距离拉萨神圣的地标建筑大昭寺和小昭寺只有几分钟之遥，离西藏大学和雄伟的布达拉宫也不远。拉萨河沿岸的迷人风光，以至街道狭窄的八廓街一带由前来转经的朝圣者和当地人构成的缤纷姿采，也是拉萨吸引游客的风光。酒店的客房设计全部采用西藏风格，配备数码娱乐系统、宽敞的浴室、中央氧气系统和加湿机，确保住客在高山地区仍能住得舒适写意。酒店有三间餐厅和四间酒吧／酒廊，为参观这个神奇高原城市的旅客提供丰富的美酒佳肴。 www.intercontinental.com

OPPOSITE PAGE: Mandarin Oriental, Sanya. THIS PAGE: Pullman Sanya Yalong Bay Villas and Resort is surrounded by a crystal-clear lagoon
对页：三亚文华东方酒店。本页：三亚亚龙湾铂尔曼别墅度假酒店被清澈的湖水包围